

Pre-Surgical Instructions

Bring Insurance card and ID with you on the day of surgery

Bring your advanced directive if you have one

Do not bring valuables

Wear loose comfortable clothes.

Do not wear make-up, hairspray or jewelry. Remove ALL body piercings.

Wear glasses, no contacts.

Bring crutches/walker if needed. Bring them in the Surgery Center when you check in.

If Sleep Apnea/Breathing Issues: Bring CPAP and leave in car.

Bring a driver who will remain at the center for the duration of your procedure and to drive you home

Do not eat or drink after midnight, other than plain clear water up until 2 hours prior to your arrival time.

Please understand that surgery can sometimes take longer than expected. Due to that, you may be waiting in the lobby or pre-op for a couple of hours.

Please refrain from smoking, vaping, and alcohol consumption within 48 hours of procedure.

We are located at 22701 Hall Road, suite 101, Macomb, MI 48042. The EAST entrance of the building.

We look forward to taking care of you!