

## **Your Guide to Outpatient Surgery**



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*The Center for Orthopedic, Sports  
Medicine, Spine, and Joint Surgery.*



## **Welcome to Precision Surgery Center**

You and your doctor have discussed all your options and have decided that you require surgery. This booklet will help you answer your questions and provide you with necessary information about your upcoming procedure with us. It will guide you through pre-op (before surgery) and post-op (after surgery) care. Knowing what to expect will help alleviate fear and make you more comfortable. This booklet also provides you with information we are required to make available to you as mandated by state and federal authorities.

You are in good hands. Our team looks forward to taking care of you. If you have any questions or concerns, please feel free to discuss them with our healthcare team at Precision Surgery Center.



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## **Your Experience at Precision Surgery Center**

You are going to have same-day surgery (also called outpatient surgery or ambulatory surgery). Here at Precision, you will receive high-quality, patient-centered care. We are committed to treating our patients as though they are our own family members and loved ones.

From the time you walk through our doors until you leave, you will appreciate the quality and professionalism that our expertly trained team provides. We work hard to make each and every patient feel comfortable and at ease. As a patient, we ask that you are kind and respectful to our staff and other patients. If you have any questions, please don't hesitate to call us before your upcoming procedure.

## **Prior to Your Day of Surgery**

When your procedure is scheduled, you will receive an email/text asking you to complete your Pre-Operative Screening using our SIS Exchange software. A Precision Surgery Center staff member will also be in contact with you prior to your date of surgery to give your arrival time and ask questions pertaining to your pre-surgical health assessment. Please remember to bring your photo ID and insurance cards with you on the day of surgery. You will need to get a Covid-19 test 3-5 days before your surgery. We recommend going to Henry Ford Lakeside Urgent Care at: 14500 Hall Rd, Sterling Heights, MI 48313. You should quarantine in the days leading up to your surgery.

You may receive more than one call prior to surgery, but we make every effort to try to minimize any inconvenience.

If for some reason you do not receive a call from us, please check your voicemail to be sure we did not leave you a message, or you may call us.

If your doctor requires you to have lab tests, EKG, and/or x-rays before surgery, we strongly encourage you to have the tests completed by one week before your surgery. This will ensure that all tests are received in a timely manner and decreases the chances of having to cancel your procedure.

Precision Surgery Center's reception desk is available for service between the hours of 7:00 a.m. and 3:30 p.m., Monday through Friday. The office is closed on weekends and holidays.

## **Preparing for Surgery**

1. Depending on your health history, some tests may need to be completed before your surgery. You will be notified by a member of your healthcare team if any additional tests are required.
2. If you take regular medications, ask the physician who prescribed the medication if you should take them before surgery. This is especially important for blood thinners, Diabetes medications, cardiac medications, and seizure medications. If instructed to, take the medications with a small sip of water.
3. A staff member will call you before your procedure with instructions and an arrival time. Arrival time is when you are expected at Precision Surgery Center, not the start time of your procedure.
4. Arrange for a responsible adult to remain at Precision Surgery Center during your procedure and drive you home afterward. This person should stay with you as needed for the remainder of the day.
5. Do not eat or drink anything after midnight before your procedure, unless directed otherwise. This includes water, mints, and gum. You can brush your teeth or rinse your mouth, but do not swallow any water. If you eat or drink after midnight, your surgery may be cancelled.
6. Follow any other instructions your surgeon has given you.

7. To cancel your procedure, we ask that you notify your surgeon's office at least 24 hours in advance.

## **Before and After Surgery**

- You will be asked to sign consent forms and then you will change into a gown. Our skilled nurses will check your temperature, pulse, respiration, and blood pressure. We will also verify the health history that was given to the nurse over the phone. You will be given pre-operative medications.
- If your doctor ordered tests that have not already been completed, they will be performed, provided that the test is available at the center.
- Your anesthesiologist will meet with you and review your medical history and any test results that they need to review with you.
- Your surgeon will visit you to confirm the procedure you are having done and they will mark the surgical site.
- Our team will ask you several times what procedure you are having done. This is for your safety. We verify this many times during your visit with us to be sure we are all in agreement with the procedure and procedure site. If there is any confusion at all, please stop us immediately. We will halt the pre-operative process until your surgeon speaks with you to confirm the operative site and procedure to be performed.
- You may choose to have your family join you upon completion of the nursing assessment.
- Parents may remain with children until the time of surgery.
- When it is time for surgery, you will be taken to the operating suite by one of our incredible surgical nurses and by an anesthesia care provider. The amount of time in surgery depends on your particular procedure.
- After surgery, you will return to your room where our compassionate post-operative nurses will monitor your recovery



and care for you until your condition allows for your family/friends to join you.

- While you are at our center, your family/friend is expected to remain in the building.

## **Discharge**

- When your condition meets the discharge criteria for your physician, anesthesiologist, and the center, you will be prepared for discharge.
- Your nurse will review home care instructions with you and your family/friend.
- It is important to ask your physician to give you information about diet, activity, medications, dressings, pain, follow-up visits, returning to work, showering or bathing, and lifting.

In the event you have the need to contact us after hours and it is an emergency, please go to your nearest Emergency Room (ER) or call 911. If it is NOT an emergency, then please call us during our normal business hours. Your surgeon may have given you his direct phone number on your discharge paperwork as well, if you have an urgent need.

## **At Home After Surgery**

It is very important that you follow your discharge instructions. Call your surgeon for any questions or problems.

Due to the effects of anesthesia, you should not drive a car, operate machinery, make important decisions, or drink any alcoholic beverages for 24 hours following surgery.

Be sure to schedule a post-operative appointment with your surgeon by calling his clinic.

A nurse from our center will contact you after your surgery to see how you are feeling and to address any questions or concerns. We want to make sure that your recovery progresses well and that you are completely satisfied with our services.

**Thank you for choosing Precision Surgery Center!**

### **Notice of Patient Rights and Responsibilities**

This document is meant to inform you, our patient, of your rights and responsibilities while under our care. To the extent permitted by law, patient rights may be delineated on behalf of the patient to his or her guardian, next of kin, or legally responsible person of the patient:

- a) Has been adjudicated incompetent in accordance with the law
- b) Is found to be medically incapable of understanding the proposed treatment or procedure
- c) Is unable to communicate his or her wishes regarding treatment, or
- d) Is a minor. If there are any questions regarding the contents of this notice, please notify any staff member.

## **Patient Rights**

You have the right to:

- Be informed about Patient Rights before the surgical procedure begins. The patient may appoint a representative to receive this information.
- Exercise Patient Rights without regard to age, race, gender, national origin, religion, culture, disability, economic status, or source of payment for care.
- Considerate, respectful, and dignified care, provided in a safe environment, free from all forms of abuse, neglect, harassment or reprisal.
- Access protective and advocacy services or have these services accessed on the patient's behalf.
- Assessment and management of pain.
- Know the name of the physician with primary responsibility for coordinating the patient's care, and the names and professional relationships of other physicians and healthcare providers who will provide care.
- Change providers if other qualified providers are available.
- Know whether the physicians hold financial interest in the surgery center. Precision Surgery Center is physician-owned and therefore our physicians do have a financial interest in the center.
- Know whether the physician(s) providing care does not carry malpractice coverage.
- Receive sufficient information about proposed treatment(s) and procedure(s) to give informed consent for treatment(s), or refuse treatment(s) and procedures. Excluding emergency situations, information includes: a description of the treatment(s) and procedure(s), the clinically significant associated risks, alternate courses of treatment or non-treatment, the risks associated with each,

the name of the person who will provide treatment(s) and/or perform the procedure(s).

- Participate in the development and implementation of the clinical plan of care and actively participate in decisions regarding clinical care. As permitted by law, this includes the right to request and/or refuse treatments and procedures.
- Know Precision Surgery Center's policy and state regulations about Advance Directives and request Advance Directive forms in keeping with State regulatory agency requirements.
- Privacy about clinical care, treatment(s) and procedure(s). Case discussion, consultation, examination, and treatment are confidential. Patients have the right to know the reason for the presence and authorize the presence of all individuals participating in or delivering care.
- Confidential treatment of all communications and records pertaining to care at Precision Surgery Center. The patient gives written permission to release clinical information to those not directly providing care.
- Receive information as best understood by the patient. Communication with the patient is effective and provided to facilitate the patient's understanding. Written information is appropriate to the age, understanding, and language of the patient. Communications are specific to the patient's vision, speech, hearing, and cognitive status.
- Access your clinical record information within a reasonable time.
- Know the surgery center's grievance process, should there be a concern regarding care received.
- Know whether surgery center physicians propose or perform experiments, research, clinical trials, or medical education affecting or involving care or treatment. The patient has the right to refuse participation or discontinue participation without compromising access to care, treatment, or services.
- Full support and respect of all patient rights if the patient participates in research projects. This includes the patient's right to grant informed consent as related to the research project. Information given to participants is recorded in the clinical record or research file.
- Receive instructions from the physician(s) or delegate about care after discharge from the surgery center.
- Examine and receive an explanation of charges and costs, regardless of payment

source. You have the right to a reasonable estimate of charges before your surgery.

- Have all Patient Rights apply to the person delegated legal responsibility to make clinical care decisions on behalf of the patient.

## **Patient Responsibilities**

You are responsible to:

1. Provide complete and accurate information to your healthcare providers including your medical history, allergies, medications, pain, and pain relief methods.
2. Understand and/or ask questions about care and services delivered.
3. Voice your concerns regarding your care including pain management. Provide us with suggestions to ensure we meet your needs and expectations
4. Follow recommendations of your physician or tell your healthcare provider if you are concerned or not able to follow them.
5. Follow your instructions or accept the consequences and understand the outcome if you choose not to follow the advice of your physician.
6. Tell your healthcare provider if you have an unexpected change in condition, side effects from medication, your pain is not relieved, or you feel that your care is not going the way that you feel it should.
7. Adhere to the center's policies and regulations that apply to your care and conduct.
8. Be respectful of other patients, employees, and property.
9. Provide the center with accurate information regarding payment and pay your portion in a timely manner.
10. Inform our surgery center about any living will, power of attorney, or other directive that could affect your care.
11. Provide a responsible adult to drive you to and from surgery and to remain with you here at our center during your surgery.
12. Provide us with suggestions to ensure we meet your needs and expectations.
13. Our skilled and compassionate healthcare team is committed to providing the best care to you. It is our goal to provide you with a serene and restful environment for your surgery and to care for you as

though you were our own family and loved ones. Please let us know how we can effectively reduce or eliminate your pain or anxiety.

## **Complaints**

You have the right to complain to us if you think we have violated your privacy rights. We will listen to your complaint and do our best to address it. You will not be retaliated against for bringing a complaint. Please direct all complaints to Precision Surgery Center, Attn. Administrator,

22701 Hall Road Ste 101, Macomb, MI 48042.

Phone: 586-816-9900

You may also file a complaint with the Michigan Department of Health and Human Services, Medicare Ombudsman at:

201 Townsend Street, Lansing, MI 48913 or call them at 1-800-882-6006.

You may contact Medicare at 1-800-633-4227.

You may also contact the Office of Civil Rights at:

200 Independence Avenue, SW, Room 509 F, HHH Building,  
Washington, D.C., 20201.

Phone: 1-800-368-1019. Complaint forms are available at:

<http://www.hhs.gov/ocr/office/file/index.html>

If you feel you are a victim of Medicare Fraud, please refer to the following information to report your claim:

Phone: 1-800-447-8477

Email: [HHSTips@oig.hhs.gov](mailto:HHSTips@oig.hhs.gov)

Mail: Office of the Inspector General, HHS TIPS Hotline, P.O. Box 23489 Washington, D.C., 20026

**If you need assistance with Advance Directives**, you should talk with your personal lawyer or representative for advice and assistance in this manner. The Michigan State Department of Health attorneys or Precision Surgery Center's personnel cannot give you legal advice concerning living wills or Advance Directives.

### **Advance Directives**

Precision Surgery Center's policy states that if you have an Advance Directive, you must inform us. We will place a copy of it in your medical record and we will notify all members of your healthcare team.

We are giving you this material to inform you about your right to make your own decisions about your medical treatment. As a competent adult, you have the right to accept or refuse any medical treatment.

"Competent" means you have the ability to understand your medical condition and the medical treatments for it, to weight possible stopbenefits and risks of each such treatment and then to decide whether you want to accept treatment or not.

The following information is intended to be educational. It is an opportunity to provide detailed information for any future healthcare decisions.

### **Who Decides What Treatment I Will Get?**

As long as you are competent, you are the only person who can decided what medical treatment you want to accept or reject.

### **What If I Am In No Condition To Decide?**

If you become unable to make your own decisions about medical care, decisions will have to be made for you. If you have not given prior instructions, no one will know what you would want. When your wishes are not known, your family or the courts may have to decide what to do.

During your visit with us at Precision Surgery Center, any DNR (Do Not Resuscitate) will be suspended. Upon transfer or discharge from Precision Surgery Center, your DNR would be reinstated.

## **What Can I Do Now To See That My Wishes Are Honored In The Future?**

While you are competent, you can name someone to make medical treatment decisions for you, should you ever be unable to make them for yourself. To be certain that the person you name has the legal right to make those decisions, you must fill out a form called either “Durable Power of Attorney for Health Care” or “Patient Advocate Designation”. The person named in the form to make or carry out your decisions about treatment is called a Patient Advocate. You have the right to give your Patient Advocate, your caregivers, and your family and friends written or spoken instructions about what medical treatments you want and do not want to receive.

## **Who Can Be My Patient Advocate?**

You can choose anyone to be your Patient Advocate as long as the person is at least 18 years old. Be sure that this person is willing to serve by signing an acceptance form. It is a good idea to name a second choice, too, just in case the first person is unwilling or unable to act if the time comes.

## **Where Can I Get A Patient Advocate Designation Form?**

Many Michigan hospitals, nursing homes, and health maintenance organizations offer these forms free of charge. You can also get a free form from various members of the Michigan legislature: <https://www.michigan.gov/taxes/0,4676,7-238-43549-156184--,00.html> Many lawyers also prepare Patient Advocate Designations for their clients. The forms are not all alike. You should choose the one which best meets your situation.

## **How Do I Sign A Patient Advocate Designation Form So That It Is Valid?**

All you have to do is fill in the name of the advocate and sign the form in front of two witnesses. Your witnesses, as defined by law, cannot be your spouse, parents, grandchildren, children, or siblings. Neither can anyone else who could be your heir or who is named to receive something in your will, or who is an employee of a company that insures your life or health. Friends or co-workers are often good people to ask to be witnesses, as they see you often and can swear, if necessary, that you were of sound mind when you made out the form.

## **If I Make Decisions Now, Can I Change My Mind Later?**

Yes. You can give new instructions in writing or orally. You can also change your mind about naming a Patient Advocate at all and cancel a Patient Advocate Designation at any time. You should review your forms annually to be sure it still accurately states what you want.



## **Financial Information**

### **Procedure Billing:**

We want to make payment of your account convenient for you by billing your insurance carrier on your behalf. To make this possible, it is necessary for you to supply us with your current insurance information. Depending on your insurance carrier benefits, coverage will be verified with the carrier prior to your procedure. You will be responsible for any co-pays and/or deductibles and these are payable at the time of surgery. Outstanding balances over 90 days will be turned over to a collection agency. In an effort to protect your identity, a copy of your photo I.D. and insurance card will be placed in your medical record at the time of registration.

### **Anesthesia Billing:**

Your anesthesia is administered by an anesthesia care team. This will be a separate bill from the surgery center bill. Please direct any anesthesia billing inquiries to the phone number located on the anesthesia bill that you receive.

## **Additional Billing:**

You may receive additional bills from Pathology/Laboratory Services only if your surgical procedure required a biopsy or diagnostic evaluation.

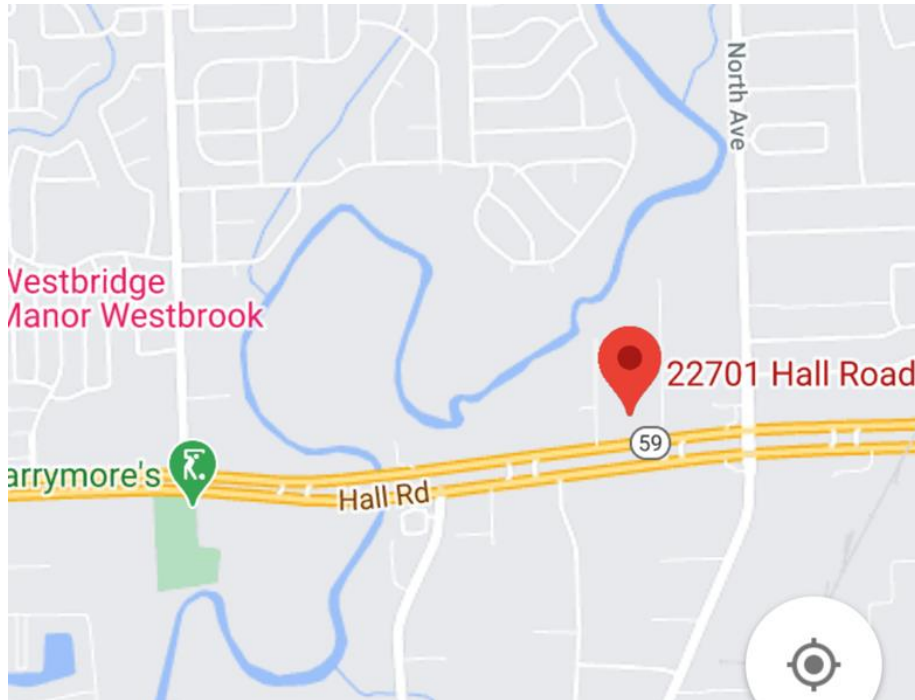
## **About Our Staff**

- Highly skilled Board Certified Orthopedic Surgeons
- Full-Time Board Certified Anesthesiologists and CRNAs of the highest caliber.
- Skilled and compassionate Registered Nursing staff assigned to patient care with many years of experience. Among our nursing staff, you will find nurses with PALS and ACLS certifications. Some of our nurses are members of the Emergency Nurses Association while others are members of the Association of perioperative Registered Nurses. You're in capable hands.
- Our facility is single-specialty. That means, we know orthopedic surgery. We direct all our time and attention strictly to this one specialty.
- All staff receives required in-services and trainings for new technology and treatments.

- Our Director carefully chose our team with YOU in mind. Our qualified staff not only have a strong skillset, but they deeply care about you, our patient. It is our goal to care for you as though you were one of our own family members or loved ones.

## **We Are Conveniently Located At:**

22701 Hall Road, Ste 101  
Macomb, MI 48042  
Phone: (586) 816-9900  
Fax: (586) 816-9901



Precision Surgery Center is an orthopedic-specialized surgery center in the heart of Macomb County on Hall Road/M-59. Our facility is newly built, but we hope to make you feel right at home.

### Discrimination Is Against the Law

Precision Surgery Center complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, religion, national origin, age, disability, or gender. Precision Surgery Center does

not exclude people or treat them differently because of their race, color, religion, national origin, age, disability, or gender.

### **Financial Investors**

Smithfield Surgical Partners

Dr. Kanwaldeep Sidhu

Dr. James Dietz

Dr. Matthew Schramski

Dr. Kirk Cleland

Dr. Richard Perry

Dr. Christopher Zingas

Dr. Nicholas Schoch

Dr. Mark Bergin



Please understand that it is your responsibility to read this literature as it contains important information.

**NOTES:**

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